



THE COMPLETE GUIDE TO BBL

ELITE DOUBLE BOARD-CERTIFIED ATLANTA PLASTIC SURGEON

**ALAN N LARSEN, MD**

**LUX MED SPA**



**“MY GREATEST  
SATISFACTION IS HELPING MY  
PATIENTS BRING OUT THEIR  
INNER BEAUTY.”**

## MEET **DR. ALAN N LARSEN**

Buckhead Plastic Surgery is home to Dr. Alan Larsen, a double board-certified plastic surgeon practicing in Atlanta, Georgia. After years of extensive education, training and surgical experience in prestigious programs around the country, Dr. Larsen founded Buckhead Plastic Surgery. The North Atlanta area of Buckhead is one of Atlanta's most renowned regions. Dr. Larsen promotes his passion for whole-body health at Buckhead Plastic Surgery, LUX Med Spa and SLIM STUDIO BodySculpting® and Chastain Surgery Center.

Dr. Larsen is one of the leading plastic surgeons in the Southeastern United States. Make a confident and educated decision about your plastic surgery options and work with the highly recommended and results-driven team at Buckhead Plastic Surgery led by Dr. Alan Larsen.







# INTRO TO LUX MED SPA



LUX Med Spa is Atlanta's premier Med Spa. Providing a range of aesthetic services in an environment that is warm and professional. Dr. Larsen is the spa's Medical Director. Dr. Larsen is a double board-certified Plastic Surgeon who supervises a handpicked team.

With Med Spas growing in popularity, there are many to choose from but LUX Med Spa is in a class all its own. We offer state-of-the-art nonsurgical cosmetic treatments provided by a team of medical and aesthetic specialists including:

- ✿ Two master injectors
- ✿ Licensed medical aestheticians/laser technicians
- ✿ Nationally certified massage therapists

We have worked hard to create a boutique personalized spa where safety and results are the top priorities. Our procedures include Body Treatments, Facial Treatments, Signature Aesthetic Services, Skin Care, and Injectable Treatments.

# WHAT IS BBL (BROADBAND LIGHT)?



BBL is one of the world's most powerful lasers on the market. While comparable to IPL, it is more customizable to specific concerns and overall more effective. In fact, it is setting new standards in treating skin conditions associated with living an active lifestyle, aging, and sun damage.

BBL is a service that allows your physician to treat age and sun spots, small facial veins and many other skin conditions. Dr. Larsen and his team will create a treatment plan tailored to match your skin type and your desired results. BBL can address such skin concerns as freckles, age spots, rosacea, acne, unwanted hair, aging skin, and even loss of firmness.



# HOW DOES BBL WORK?

The energy delivered by the BBL will gently heat up the layers of your skin. The heat that is absorbed by the targeted areas will stimulate your skin cells to regenerate. This process effectively restores your skin to its natural youthful beauty making it smoother, clearer, younger-looking, and vibrant.

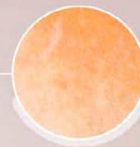




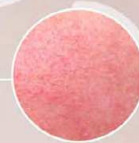


# WHAT AREAS CAN BBL TREAT?

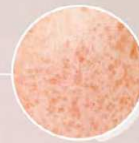
BBL can treat a variety of issues. Common issues patients seek treatment for are freckles, age spots, rosacea, acne, aging skin, sun damage, and loss of firmness. BBL can even be used for hair removal. Everyone can benefit from BBL in one form or another. Call us today to book your consultation and find out what a difference BBL can make for your skin.



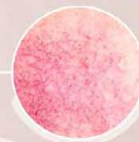
SUN DAMAGE



BROKEN CAPILLARIES



FRECKLES



ROSACEA



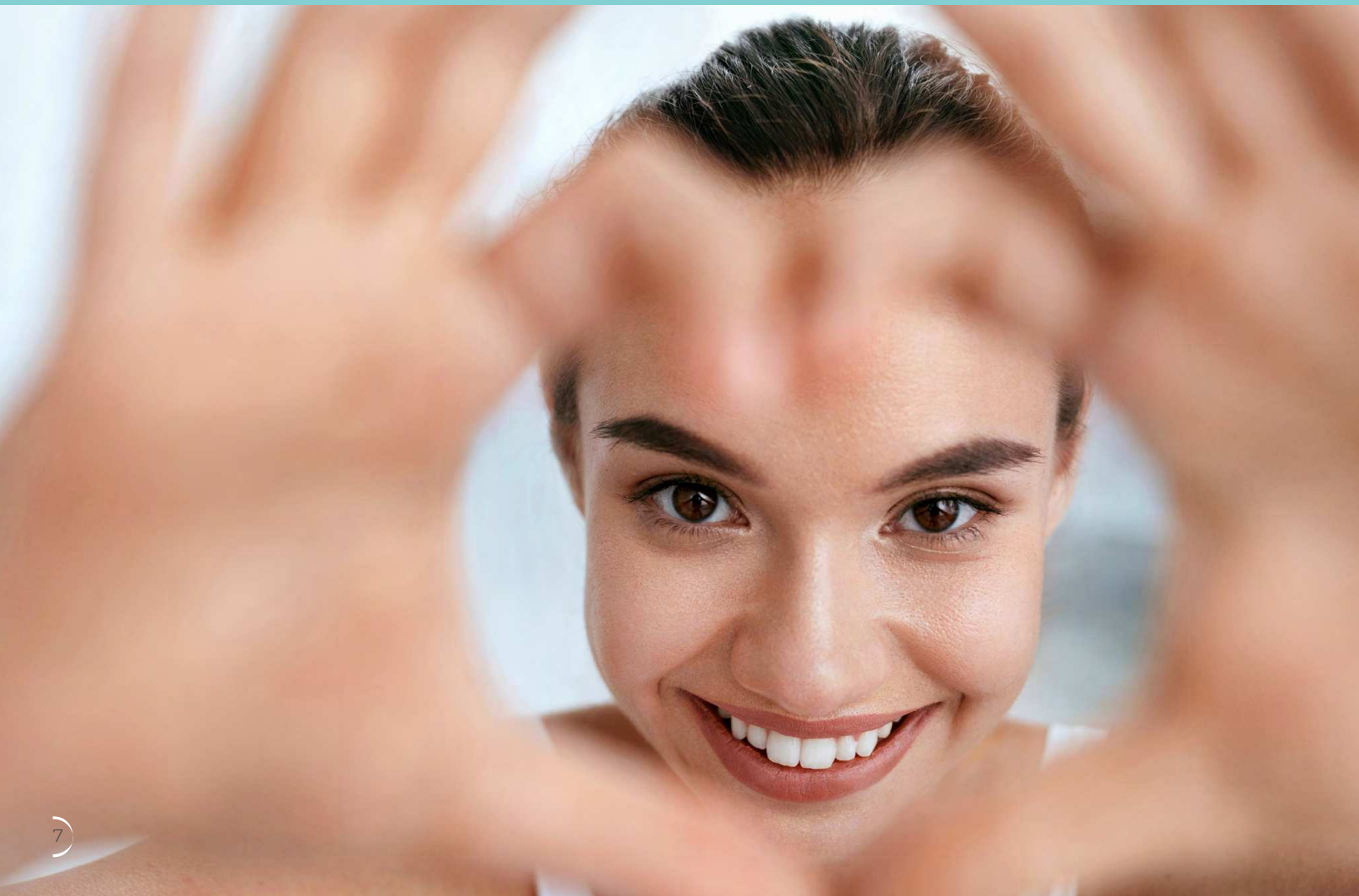
AGE SPOTS

# WHAT ARE THE BBL TREATMENTS?

## BBL CORRECTIVE

With BBL Corrective the light energy delivered stimulates cells to regenerate. Typically, after the first treatment, you will begin to see smoother, more even, and vibrant skin. The photothermal energy will eliminate fine vessels that cause redness. This can reduce unwanted melanin that produces age and sunspots.

Your skin will feel smoother, fine lines and pores will be less noticeable, and sunspots and uneven pigmentation fades. BBL is the best place to start if you are new to light therapy. It can be the foundation for (and used in conjunction with) other BBL treatments.





## FOREVER YOUNG BBL

Forever Young BBL is the ultimate anti-aging skin treatment. Contrary to popular belief, lotions and creams cannot penetrate the skin's surface the way BBL can. This means no matter how high quality the ingredients are, they cannot reach the deepest layers of the skin where much of the aging process happens.

Forever Young BBL is a revolutionary treatment that sends light energy deep into the skin to boost your body's natural ability to fight the aging process. The results are visible after the first session and include skin that is visibly younger year after year. This service is popular among both male and female patients and can benefit anyone who has experienced sun damage over the course of their life. But it also has REJUVENATION benefits. Meaning it will keep your skin looking younger.





## FOREVER CLEAR BBL

It seems like there are endless options out there to get acne under control. But now all those over the counter creams can be a thing of the past. No more waiting for products to work or dealing with unintended side effects of those options when you can have clear skin in just a few treatments.

Forever Clear BBL is a new acne treatment that uses light to powerfully, comfortably and effectively clear away acne without creams or medicine. BBL is the most powerful Intense Pulsed Light device in the world for delivering light energy deep into your skin. This process stimulates the skin to regenerate, leaving you with clear healthy radiant skin.

Forever Clear BBL is a 3 step treatment that begins with Blue BBL light to eliminate acne-causing bacteria at its source, deep down in the pores. Then the skin is treated with Yellow BBL light which reduces the inflammation and acne-associated redness to give you healthy and radiant skin. The skin is treated with infrared light in rapid, gentle pulses to initiate the body's natural healing process. Our team will create a personalized plan including add on and follow up treatments, as well as a skincare regimen, to keep your skin clear and radiant for years to come.

# BBL BEFORE AND AFTER PHOTOS

BEFORE / AFTER | 6 years post 9 tx | courtesy of Skin Rejuvenation Clinic - Tasmania



## Forever Young BBL™

Full Face Pigment: 515 nm filter, 12-14 J/cm<sup>2</sup>, 10 ms, 25 °C Cooling, 4 tx; 420 nm filter, 5-7 J/cm<sup>2</sup>, 10 ms, 15 °C Cooling, 4 tx  
Full Face Vascular: 560 nm filter, 15 J/cm<sup>2</sup>, 10 ms, 25 °C Cooling, 2 tx  
Spot Treatments: 560 nm filter, 12-15 J/cm<sup>2</sup>, 10 ms, 25 °C Cooling, 7 tx (Fine Vessels); 14-22 J/cm<sup>2</sup>, 15 ms, 25 °C Cooling, 9 tx (Medium Vessels); 20-25 J/cm<sup>2</sup>, 15-20 ms, 20-25 °C Cooling, 9 tx (Large Vessels)



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BEFORE / AFTER | 12 Years of routine FYBBL tx | courtesy of Patrick Bittet, Jr., MD, FAAD



## Forever Young BBL™



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BEFORE / AFTER | 3 years post 7 tx | courtesy of Swin Dermatology & Aesthetics



## Forever Young BBL™

Treatment 1-3: 515 nm filter, 10-12 J/cm<sup>2</sup>, 20 ms, 25 °C Cooling, 2 Passes (Full Face & Spot)  
Treatment 1-7: 560 nm filter, 9-11 J/cm<sup>2</sup>, 10-15 ms, 15 °C Cooling, 2 Passes (Full Face & Spot)



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BEFORE / AFTER | 12 Years of routine FYBBL tx | courtesy of Patrick Bittet, Jr., MD, FAAD



## Forever Young BBL™



BEFORE: Age 43

AFTER: Age 55

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BEFORE / AFTER | 9 Years of routine FYBBL tx | courtesy of Patrick Bittet, Jr., MD, FAAD



## Forever Young BBL™



BEFORE: Age 58

AFTER: Age 67

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# BBL REVIEWS AND TESTIMONIALS



“Natasha is amazing! She cares about her patients and it truly shows! She is always so professional, accommodating, and kind! I recommend Natasha to all of my friends and Co-workers! [Single best thing is...] how great my skin looks from the BBL treatment.”



“Following the laser to my face, it is immediately smooth and less red. The results for me are fabulous. The staff is amazing and very friendly.”



# FAQS

## HOW MANY TREATMENTS WILL I NEED?

The number of treatments will vary from patient to patient and the level of improvement you desire. It's also possible to combine BBL with other treatments to obtain your desired results. Although improvement can usually be seen after just one treatment, for most areas we recommend 4 treatments for long-lasting optimal results.

## HOW LONG DOES TREATMENT TAKE?

Treatment times vary from patient to patient as well as the desired area to be treated. Most appointment times are booked for an hour but the treatment itself can take as little as 15 minutes.

## HOW LONG DOES IT TAKE TO RECOVER?

BBL is a non-invasive gentle procedure that requires virtually no downtime. Most patients can return to work and their normal activities the same day.

## WHY CHOOSE LUX MED SPA FOR YOUR BBL TREATMENT?

LUX Med Spa is the obvious choice for all of your Med Spa needs in the Atlanta area. Dr. Larsen is a double board-certified Plastic Surgeon and oversees our state of the art facility. We have put our focus on patient safety and impressive results in an environment with your comfort in mind. Call today to book your free consultation and see what a difference a visit to LUX Med Spa could make for you.





## GET THE SKIN YOU WANT

At LUX Med Spa, our highly trained technicians deliver BBL results with precision and expert technique.

Contact us today to  
schedule a consultation.

**(404) 367-9005**



**LUX**  
MED SPA

[buckheadplasticsurgery.com](http://buckheadplasticsurgery.com)